

Alameda County (***) Behavioral Health Care Services

MENTAL HEALTH & SUBSTANCE USE SERVICES

Welcome, Catherine Powell Early Childhood Mental Health Coordinator

On behalf of the Child and Young Adult System of Care (CYASOC), I would like to welcome Ms. Catherine Powell as the new Early Childhood Mental Health Coordinator and she will oversee all of the Early Childhood programs. We are excited to have Catherine (Cathy) begin on July 11, 2022.

Cathy is a Marriage and Family Therapist who's Early Childhood experience includes her role as a Program Manager in an Early Childhood Mental Health program working with limited English-speaking and monolingual children and their families and serving for 9 years as pre-school teacher in the City of Alameda. In addition to her early childhood and clinical experiences, Ms. Powell has 10 years of management experience overseeing mental health programs and services.

Since 2019, Ms. Powell has worked in our ACBH Contracts Office supporting various systems of care with contract monitoring, program monitoring, and fiscal reviews for contract planning with operational leaders.

Prior to coming to ACBH, Cathy worked at Beacon Health Options, as a Clinical Care Manager which gave her the opportunity to provide clinical assessments, review and authorize mental health services, and collaborate with Alameda Alliance for Health on care coordination of Alameda County Medi-Cal beneficiaries. Previous to her role with Beacon, Cathy held positions as Program Manager with an international humanitarian agency, where she developed mental health wellness programs for Afghan, Syrian, and Latinx communities.

We are excited to have her join our team and we welcome her knowledge and experience.

Please join me in sending a warm virtual welcome to **Catherine Powell** as she transitions into her new role within our department!

Thank you,

Lisa Carlisle M.Ed, MA Director, Child & Young Adult System of Care





